

Affordable Fitness Made Easy

- 1 Find your perfect gym** from 12,500+ options nationwide.
- 2 Enroll online in minutes, with no long-term contracts** or annual fees.
- 3 Start working out today!** Your membership also includes 1:1 well-being coaching and the option to purchase a membership for your spouse.¹

PLUS

- » **8,500+ Premium Gym Options** at exercise studios, outdoor experiences, and others with **20% – 70% discounts at most locations.**²
- » **Get Fit at Home™ for Free** with 12,000+ on-demand workout videos before you enroll! **Just create an account.**

\$0 Enrollment Fee With Code: STAYSTRONG³

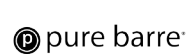
Get Started: Log into your MedCost Member Portal and click on "Healthy & Whole"



Standard
Fitness Network



Premium
Fitness Network



¹ Add a spouse/domestic partner to a primary membership for additional monthly fees. Spouses/domestic partners must be 18 years or older. Fees may vary based on fitness center selection.

² Costs for premium exercise studios exceed \$28/mo. and an enrollment fee will apply for each premium location selected, plus applicable taxes. Fees vary based on premium fitness studios selected.

³ Monthly fees are subject to applicable taxes. \$28 enrollment fee waived for standard gyms only 3/1/24 12:01 a.m. - 6/30/24 11:59 p.m. PT.

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